

SOCIAL IDENTITY

NAME:

Complete the Social Identity Wheel on the next page. Select **six** of the following social categories and specify your social identity. Examples are provided to start your thinking, but please use your own language to describe your identities.

Social Category	Examples
Ethnicity	European Canadian, Czech, Polish, Mi'kmaq, Irish, Chinese, Indian, French Canadian, African Nova Scotian ...
Race	Pacific Islander, Multiracial, Hapa, Black, Caucasian, Inuit, Brown, Latino, White, Southeast Asian ...
Sexual Orientation	Questioning, Queer, Two Spirit, Heterosexual, Lesbian, Gay, Straight, Pansexual, Asexual...
Socio-economic Status	Lower Class, White or Blue Collar, Working Class, Upper-Middle Class ...
First Language	Urdu, Arabic, English, French, Spanish, Mandarin, Hindi, Yoruba...
National Origin/Citizenship	Canada, First Nation, USA, Taiwan, Egypt, Nigeria, Iran, Mexico, Ukraine ...
Age	Gen Z, Numerical Age, Mature Student, Young Adult, Millennial ...
Religion	Unitarian Universalist, Muslim, Christian, Jewish, Buddhist, Taoist, Atheist...
Other identities	Other important identities for you: Education level, Indigenous or Tribal Membership, Gender, (Dis)Ability ...

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Please use your own language or the terms provided to describe your identities.

A large light gray circle is centered on the page. Inside this circle, there is a smaller, solid yellow circle in the center. Surrounding the yellow circle are six rectangular boxes, each containing a horizontal line for writing. The boxes are arranged as follows: one at the top, one at the bottom, one on the left side, one on the right side, and one on the left side and one on the right side, both positioned between the top and bottom boxes.

Questions for Self-reflection and Discussion

1. Which identities most influence your view of yourself? Which identities do you think most affect the way others see you?
2. What advantages and disadvantages are there in being a member of each group?